



We Can Obey God

Do: Play Simon Says with your family.

What does it mean to OBEY God? Yep, it's when we do what He tells us to do! Do you think it's a good idea to obey God? YES! Today we'll hear about a guy who was VERY sick, and needed help. His name was Naaman (nay-mun) and his story is found in 2 Kings 5. Naaman had to obey God, even when it seemed really crazy! And the cool part is that a little girl helped him do it! A KID, just like you!

Watch: [A Little Servant Girl and the Proud General](#)

Naaman really needed to be healed. Being healed means that your sickness or hurt goes away: you're all better! How did Naaman get all better? Yep: first, he met the little girl who told him who to go see—Elisha! And Elisha told Naaman to dip himself seven times in the Jordan River! Naaman did NOT like this. He thought dipping in the river seemed crazy! And the river was really, REALLY yucky. Pretend to dip yourself underwater seven times! But guess what? That's what it means to obey God. We do what he says to do, even when it seems strange, or when it's really hard to do.

Now, remember the little girl? She was actually a prisoner, and a servant of Naaman. Some people in her position might not want to help Naaman. But how did the girl obey God? Yep, she told Naaman where to go, so that he could be healed, and get well! **We can obey God like that, too, even when it's hard.** Sometimes we might not feel like listening to our parents, or telling the truth, or serving others. But do you think we should still do those things, even when they're hard? YES!

Discuss:

- If you were the little girl, would you have helped Naaman?
- If you were Naaman, would you have obeyed?
- What's one way you can obey God this week?

Do: Draw a picture of one way you can obey this week! (Hint: Obey my parents, do my chores, read the Bible, pray, be nice to my brother/sister, etc.)

Pray: *Dear God. Please help me to obey you, even when it's hard to do, just like the little girl and Naaman in today's story. I love you so much. Amen!*