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### **God Wants Us to Trust Him**

Sometimes people let us down. But there's Someone who never stops loving us, wanting us, and protecting us. Can you guess who that is? That's right, GOD. We can always trust God with our whole hearts, because He has never, and will never, let us down. He is good, perfect, and all powerful, and He loves US.

Today, we're going to hear about a guy named Elijah who trusted that God would show up when he most needed him. You can read about Elijah's story in 1 Kings 18.

**Watch:** [Elijah Being Fed by Ravens](#)

After everything Elijah went through, it must have been really hard to keep trusting that God would take care of him. But no matter how hard it was, God showed up for Elijah when he really needed Him. God wanted Elijah to trust Him, and God wants us to trust him too.

**Do:** Partner up at home (maybe a sibling, maybe a parent) and do a Lean Walk. Stand side by side, leaning on each other's shoulders. Choose a destination within the room and see if you can walk there and back while leaning on each other. **Just like you using each other for support, God wants us to *LEAN* on Him and trust Him!**

There are a lot of times we need to trust God too. It can be hard though. Trusting God can feel different than sitting on a chair we can see in front of us. It can be more like taking a leap he wants us to take and trusting him to catch us.

**Watch:** [What's That Word / Trust](#)

There are lots of times when we need to trust God in order to obey him. Maybe we would even rather trust people than God! Here's the thing: people sometimes let us down. Sometimes our friends don't help us out. Sometimes people drop their friends in trust falls. ***But God never drops us. If he wants us to do something brave, he'll always be there to help us do it.***

**Pray:** Jesus, thank you that we can trust you. Thanks for always helping us to obey you, even when you ask us to do something scary or uncomfortable. We love you and want to obey you this week, like Elijah!

**Do:** Make bird cut-outs or puppets, like the ravens that God sent to Elijah! God sent birds to bring food to Elijah—and he wants us to trust in him just like Elijah did! Use paper, bags, colors and glue to make a bird. Here's an example if you need inspiration.

