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### **We Are Made to Play!**

**Do:** Pull out your favorite board game and play it with your siblings or family.

Do you like to play and have fun?! Guess what? God loves play and fun too. He actually WANTS us to play, because it's how he wired us to be! In fact, we can even spend time WITH God when we play.

**We're made to play!** God actually created us to play, isn't that cool? He doesn't JUST want us to eat and sleep and go to school and work. He wants us to spend time with each other doing the things we love. He makes each of us special, with different likes and dislikes, and different ways of playing and learning!

Do you think Jesus liked to play? What do you think Jesus might have done for fun? We actually KNOW some of the things Jesus liked to do, because the Bible tells us!

**Watch:** [God's Story / Jesus Was Like Us](#)

#### **Discuss:**

- Why does God love when we play?
- Why did God design us for playing and having fun?
- What/how do you think Jesus liked to play?
- What's your favorite game to play?
- Why do you think Jesus came to earth and lived like us? Why was that important?

**Since Jesus was like us, He understands what it's like to BE us!** He knows what it's like when you're hurt, or mad, or sleepy, or silly. He experienced ALL of it. Today, your challenge is to spend time just having fun and playing, because even though it might not SEEM like it, when you play, you're actually learning things and developing your brain! It's GOOD for you! Here are some ideas: Play a game with your family or friends, create artwork/crafts, learn magic tricks or riddles, read a book, invent a game. Choose something that gives you joy, and energizes you, and **DO IT!**

God wants us to live a full, adventurous PLAYFUL life. Here's a verse to remind us of the kind of life that God created us to have. A life full of play AND purpose. ***John 10:10b I have come that you may have life, and have it to the full!*** Remember, Jesus came to earth to give us a full life. That means He wants us to live fully, loving people and loving God in every way we can! In fact, Jesus actually died for us, and rescued us from our wrong choices...all so that we can have that kind of life.

**Pray:** Jesus, thank you for giving me a life full of play and purpose. Allow me to see you, even when I play this week. Amen.